






**INTELLIGENT  
BEAUTY  
CONGRESS OF  
AESTHETIC  
MEDICINE**

**19 – 20 June 2023**

**ATTA CENTRE, Riga, Krasta street 60, Riga (Latvia)**

19.06.2023 09:00-19:30	Hall 1	 EN/RU «All about a menopause: nutrition, lifestyle, aesthetic and skincare management. How to evaluate an individual condition, create a personalised lifestyle and diet and choose right procedure or range of skincare products» Conference  Supervisor <b>Dr.Tiina Orasmae Meder (Great Britain)</b> – MD (dermatologist), cosmetologist, designer of innovative cosmoceutical formulations and protocols, expert in cosmetic products efficacy and safety, member of the expert panel at the Ukrainian Medical Laser Association, author of multiple publications in international journals.
	Hall 2	 EN/RU <b>New Trends &amp; Health Technologies</b>  Supervisors <b>Dr. Egor Kolodchenko (Ukraine)</b> - MD, PhD, dermatologist of the highest category, member of EADV, ESLD, president of the laser medicine and cosmetology association of Ukraine, member of West European Board IMCAS, international speaker on laser and mechanical methods, member of the Experts Council of the Association of Aesthetical Gynaecology and Andrology of Ukraine. <b>Dr. Dina Mihailova (Latvia)</b> , dermatologist specialist in laser technologies, President of the Latvian Aesthetic Dermatology Association (LEDA)
	Hall 3	Seminar: " <b>The Secret Of Popularity Of Icoone</b> "  The organiser: Company INOMEDIS
	Hall 4	<b>Permanent Make Up Conference</b>
	Lobby 2	Brands Workshop
19.06.2023 19:30-23:30	<b>Lobby 4</b>	Congress Disco Time
20.06.2023 09:00-19:30	Hall 1	« <b>New ingredients and trends in skin care and correction of aesthetic problems</b> »Conference . Sponsor Meder Beauty  Supervisor <b>Dr.Tiina Orasmae Meder (Great Britain)</b> – MD (dermatologist), cosmetologist, designer of innovative cosmoceutical formulations and protocols, expert in cosmetic products efficacy and safety, member of the expert panel at the Ukrainian Medical Laser Association, author of multiple publications in international journals.
	Hall 2	 EN/RU <b>V Baltic Anti-age Symposium</b>  Supervisor <b>Dr.Kristīne Azarjana (Latvia)</b> MD PhD, dermatologist, venereologist, Board member of the Latvian Dermascopy Society
	Hall 3	EN/RU <b>New Trends &amp; Health Technologies</b>  Supervisors : <b>Dr. Egor Kolodchenko (Ukraine)</b> - MD, PhD, dermatologist of the highest category, member of EADV, ESLD, president of the laser medicine and cosmetology association of Ukraine, member of West European Board IMCAS, international speaker on laser and mechanical methods, member of the Experts Council of the Association of Aesthetical Gynaecology and Andrology of Ukraine. <b>Dr. Dina Mihailova (Latvia)</b> , dermatologist specialist in laser technologies, President of the Latvian Aesthetic Dermatology Association (LEDA)
	Hall 4	<b>"New Challenges And New Solutions In Aesthetic Medicine"</b> Conference
	Lobby 2	Brands Workshop

The Congress is supported by Riga Pauls Stradins University (*Rīgas Stradiņa Universitāte*), *LKKA, Baltic SPA association, Latvian Aesthetic Dermatology Association (LEDA), Association of Laser Medicine and Cosmetology of Ukraine*

## Preliminary program

**Зал 2**

**19.06.2023**



**EN/RU "New Trends & Health Technologies Forum"**

### Supervisors

**Dr. Egor Kolodchenko (Ukraine)** - MD, PhD, dermatologist of the highest category, member of EADV, ESLD, president of the laser medicine and cosmetology association of Ukraine, member of West European Board IMCAS, international speaker on laser and mechanical methods, member of the Experts Council of the Association of Aesthetical Gynaecology and Andrology of Ukraine.

**Dr. Dina Mihailova (Latvia)**, dermatologist specialist in laser technologies, President of the Latvian Aesthetic Dermatology Association (LEDA)

<b>10:00-10:30</b>	Commercial Empathy or Rise of the Machines	<b>Katya Levit (Israel)</b> General Director for sales and development of the company "InMode". Expert in equipment for beauty centers and plastic surgery. 17 years of experience in Aesthetic Medicine. Anti-crisis manager for international companies. Business speaker at international congresses of aesthetic medicine and forums for executives. Founder of the "Beauty Boss Event" - an annual forum for owners and managers of a beautiful business.
<b>10:30-11:00</b>	Multi-level rejuvenation with erbium and neodymium lasers	<b>Dr. Eugene Skivka</b> Dermatovenerologist, cosmetologist, trainer and expert in laser equipment in cosmetology and dermatology. Founder and director of the training center for laser medicine "L. Energy" in Kyiv. Director of the clinic and doctor at "Clinical Academy of Laser Medicine" 2018-2022 Kiev.
<b>11:00-11:30</b>	Mixed technology CO2+1540 nm in dermatology and anti-age	<b>Dr. Piia Sillamäe (Estonia)</b>
<b>11:30-12:00</b>	Scar correction with CO2 laser	<b>Dr. Ilze Jākobsone (Latvia)</b>
<b>12:00-12:30</b>	Complications of laser therapy How to avoid them. Preparation protocol.	<b>Dr. Egor Kolodchenko (Ukraine)</b>
<b>12:30-13:00</b>	3DEEP technology in the office of a cosmetologist and plastic surgeon. New protocol for non-surgical blepharoplasty.	<b>Dr. Olga Andriyuk (Ukraine)</b>
<b>13:00-14:30</b>	<b>Break (lunch)</b>	
<b>14:30-15:15</b> <b>ONLINE</b>	Possibilities of BBL technology in photorejuvenation Yesterday, today, tomorrow.	<b>Dr. Antonio Campo (Italy)</b>
<b>15:15-15:45</b>	An advanced solution for aesthetic medicine - fractional microneedle therapy ADVANCED AESTHETIC MEDICINE SOLUTION – FRACTIONAL MICRO-NEEDLE THERAPY	<b>Dr. Gita Grigonite-Babayan (Lithuania)</b> Plastic surgeon
<b>15:45-16:15</b>	A modern approach to the correction of rosacea and pigmentation	<b>Dr. Maria Khomich (Ukraine)</b> Dermatovenerologist, expert in machine technologies. Trainer at InMode.
<b>16:15-16:45</b>	Focused ultrasound in cosmetology. Fundamentals of safe and efficient work.	<b>Dr. Denis Karelin (Belarus)</b> Dermatovenerologist. Candidate of Medical Sciences. Certified trainer and international speaker. ULTRAcél Q+ Jeisys Medical.

The program is subject to change

Hall 3

20.06.2023

 EN/RU "New Trends & Health Technologies Forum"

<b>10:00-10:40</b>	How to combine LPG and aesthetic injection procedures for optimal results.	<b>Dr. Phillipe Hamida Pisal (UK)</b> , dermatologist, the President of The Society of Mesotherapy of the United Kingdom (SoMUK), co-director of the Society of Mesotherapy of South Africa (SoMZA). He is an Aesthetic Practitioner specialised in dermatology and the founder and managing director of PHP Aesthetic and PHP Wellness, divisions of PHP Health First.
<b>10:40-11:00</b>	Compression micro-vibration + EMS. Advantages of the combined technique.	<b>Dr. Anastasia Anikina-Lomunova (Ukraine)</b>
<b>11:00-11:30</b>	Scar Wars. Laser treatment of scars.	<b>Dr. Alexander Uskov (Estonia)</b> , doctor of laser medicine
<b>11:30-12:00</b>	Possibilities of vascular lasers. How to work? Fractional microneedle RF. Bodyshaping - to be or not to be. "Fractional microneedle RF, application in anti-age therapy" Break (lunch) 675 nm - innovations in laser skin rejuvenation without rehabilitation. Multimicrostimulation of the skin: from medicine to aesthetics.	<b>Dr. Egor Kolodchenko (Ukraine)</b>
<b>12:00-12:30</b>	Fractional microneedle RF. Bodyshaping - to be or not to be.	<b>Maria Khomich (Ukraine)</b> Dermatovenereologist, expert in hardware technologies. Trainer at InMode.
<b>12:30-13:00</b>	"Fractional microneedle RF, application in anti-age therapy"	<b>Dr. Olga Andriyuk (Ukraine)</b>
<b>13:00-14:30</b>	<b>Break (lunch)</b>	
<b>14:30-15:00</b>	675 nm - innovations in laser skin rejuvenation without rehabilitation.	<b>Dr. Alena Sokha (Latvia)</b> Dermatovenereologist, specialist in aesthetic medicine, PhD student at RSU, clinical specialist at Deka in Latvia
<b>15:00-15:30</b>	Multi-microstimulation of the skin: from medicine to aesthetics.	<b>Dr. Maria Kapitanyuk (Ukraine)</b> Doctor of aesthetic medicine, certified trainer in hardware cosmetology in Ukraine. Trainer of hardware techniques of icoone® companies (i-Tech Industries).
<b>15:30-16:00</b>	Maximizing cosmetic benefits following laser treatment: an integrated approach for improved effectiveness and lasting results	<b>Dr. Liga Brunin (Latvia)</b>
<b>16:00-16:30</b>		
<b>16:30-17:00</b>	<b>Questions/Discussions</b>	<b>All speakers</b>

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**19.06.2023**

**Зал №3**

Conference "The Secret of Popularity of icoone"

Organizer: Inomedis.

10:00-10:30	"Icoone's popularity secret"	<b>Anastasia Cavallaro (Italy)</b> icoone® Export Manager (i-Tech Industries). International Business Development Specialist.
	<i>Questions</i>	
10:30-11:30	"New Opportunities and Results for Plastic Surgery and Aesthetic Medicine Clinics"	<b>Maria Trifonova (Ukraine),</b> Cosmetologist, endocrinologist, founder of the TRYFONOVAMD clinic. Co-owner of the MEDIHUB clinic network.
	<i>Questions</i>	
11:30-12:30	Medical programs of hardware cosmetology: icoone as a guarantee of proper work with tissues in all areas of dermatocosmetology.	<b>Dr. Maria Kapitanyuk (Ukraine)</b> Doctor of aesthetic medicine, certified trainer in hardware cosmetology in Ukraine. Trainer of hardware techniques of icoone® companies (i-Tech Industries).
	<i>Questions</i>	
12:30-14:00	<b>Break (lunch)</b>	
14:00-15:00	"Effective service matrix. How to build an upselling system by increasing the average check"	<b>Olga Haynovskaya (Ukraine)</b> Salon management business consultant, practicing international business coach. Trainer No. 1 of the international award "Stella International Beauty Awards" in the nomination "Best business consultant in the beauty industry". Author of the books "Successful business in beauty", "How to increase the profitability of the salon", "Scripts, checklists and business processes". Books published in Ukrainian, Russian and Bulgarian. Co-founder of the international network of beauty salons "Fast Line Studio" Co-founder of the company "DUSO" Ukraine. Co-founder of Proxy Beauty Romania.
	<i>Questions</i>	
15:00-16:00	"Modern technologies for recovery, aesthetic procedures and post-operative rehabilitation"	<b>Gabriele Grodyte (Lithuania)</b> Cosmetologist. Lecturer of hardware techniques and skin care. Trainer of hardware techniques from icoone® (i-Tech Industries), Venus Legacy®, Venus Bliss® (Venus Concept), Primelase®, Cooltech Define® (Sinclair).
	<i>Questions-answers</i>	

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**19.06.2023**

**Зал 1**



EN/RU «All about a menopause: nutrition, lifestyle, aesthetic and skincare management. How to evaluate an individual condition, create a personalised lifestyle and diet and choose right procedure or range of skincare products» Conference

Supervisor **Dr.Tiina Orasmae Meder (Great Britain)** – MD (dermatologist), cosmetologist, designer of innovative cosmeceutical formulations and protocols, expert in cosmetic products efficacy and safety, member of the expert panel at the Ukrainian Medical Laser Association, author of multiple publications in international journals.

09:45-10:00	<i>Introduction</i>	
10:00-11:00	Menopause - how not to lose the ability to enjoy and continue to live actively?	<b>Andrey Beloveshkin (Cyprus)</b> Candidate of Medical Sciences, Doctor
11:00-11:10	<i>Questions</i>	
11:10-11:40	Communication online and offline: how to talk about menopause without metaphors and shame?	<b>Anna Rymarenko (Ukraine/Germany)</b> Psychologist, speaker, expert in ethical communications and beauty marketing.
11:40-11:50	<i>Questions</i>	
11:50-12:50	Healthy nutrition in menopause: necessary and simple! Estrobolome as a new concept for changes in the gut microbiome.	<b>Oksana Skitalinskaya (Ukraine)</b> Nutritionist, founder of the Longevity Academy Dr. Skytalinska. Vice President of the Association of Dietitians of Ukraine.
12:50-13:00	<i>Questions</i>	
13:00-14:00	<b>Break (lunch)</b>	
14:00-15:00	Skin changes during menopause and adaptation of skin care. Slowing down the rate of aging and mitigating the manifestations of estrogen deficiency.	<b>Tiina Orasmäe-Meder (UK) Dr.Tiina Orasmae Meder (Great Britain)</b> – MD (dermatologist), cosmetologist, designer of innovative cosmeceutical formulations and protocols, expert in cosmetic products efficacy and safety, member of the expert panel at the Ukrainian Medical Laser Association, author of multiple publications in international journals.
15:00-15:10	<i>Questions</i>	
15:10-15:50	Optimal use of aesthetic medicine methods and hardware effects in menopause.	<b>Olga Rymarenko (Ukraine/Germany)</b> Dermatologist, cosmetologist and trainer in laser and injection techniques in aesthetic medicine.
15.50-16.00	<i>Questions</i>	
16.00-16.45	Sun protection: how to choose the right sunscreen for menopause?	<b>Tatyana Shalagina (Ukraine/Netherlands)</b> Molecular biologist, cosmetologist.
16.45-17.00	<i>Questions and final remarks</i>	

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20.06

Зал 4

Conference: **The Future of Skincare**  
MEDER day. Closed conference

Meder Beauty Science

Supervisor **Dr.Tiina Orasmae Meder (Great Britain)**

10.00-10.15	<i>Opening</i>	
10.15-10.45	Meder Beauty - The Future of Skincare. Why did we change the slogan in 2023 and what is behind this?	<b>Tiina Orasmäe-Meder (UK)</b>
10.45-11.30	Skincare innovations and how to talk about them on social media so you can be heard.	<b>Anna Rymarenko,</b> Psychologist, specialist in SMM promotion.
11.30-12.00	Interactive SMM Workshop	<b>Anna Rymarenko,</b> Psychologist, specialist in SMM promotion.
12.00-12.45	Skin microbiome. New concepts: friendliness and orientation of care. Classification of ingredients according to their effect on the skin microbiome.	<b>Dr.Tiina Orasmae Meder (Great Britain)</b> – MD (dermatologist), cosmetologist, designer of innovative cosmeceutical formulations and protocols, expert in cosmetic products efficacy and safety, member of the expert panel at the Ukrainian Medical Laser Association, author of multiple publications in international journals.
12.45-13.00	<i>Questions</i>	
13.00-14.00	<b>Break (lunch)</b>	
14.00-14.45	How to study for the benefit of business development? Online learning as an investment in the future and an opportunity for real growth	Tatyana Shalagina, founder of the Skinstory Education project.
14.45-15.15	What do chronic acne, atopic dermatitis and sweat odor have in common? Biofilms and possibilities of their therapy. Eu-Seb, Eu-Body and Body-Day - how to use it correctly.	<b>Tiina Orasmäe-Meder (UK)</b>
15.15-16.00	5 years of experience using Meder microbiome-based skin care in the treatment of acne, rosacea and skin sensitivity. Advantages, limitations and possibilities of combination with other types of aesthetic therapy.	<b>Olga Rymarenko,</b> chief physician of Rymarenko Clinic
16.00-16.45	<i>Round table. Chronic acne as a challenge for cosmetologists. Discussion of practical experience in the use of Meder tools and procedures, difficulties and successes.</i>	<b>Tiina Orasmäe-Meder (UK), Olga Rymarenko, Anna Rymarenko, Tatyana Shalagina, Natalya Barshch, Inna Khorbachova, Svetlana Shidlovskaya</b>
16.45-17.00	<i>Questions</i>	

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**20.06.2023**

**Hall 2**



**EN/RU V Baltic Anti-Age Symposium**

Scientific supervisor **Dr Kristina Azaryan**, MD, dermatologist.

10:00-10:30	Bocouture: the relevance of purity in neuromodulation treatments	Dr. Udi Maor (Israel) , M.D.Board Certified Plastic Surgeon
10:30-11:00	ALLERGAN	
11:00-11:30	NLift protocol -synergistic approach with PEGylated HA fillers, hybrid CaHA + HA skin booster, and energy-based devices	Viktor Shavlak M.D. (Ukraina), founder and medical director of CULT clinic.
11:30-12:00	Correction of the nose and lower third of the face with biphasic fillers.	<a href="#">speaker to be confirmed</a>
12:00-12:30	Sinclair	<a href="#">speaker to be confirmed</a>
12:30-14:00	<b>Break (lunch)</b>	
14:00-14:30	What you need to know: 3D facial anatomy	<a href="#">speaker to be confirmed</a>
14:30-15:00	ALLERGAN	
15:00-15:30	Regenerative aspects of the PRF method and use in medicine	Dr.Aiva Pakule (Latvia) , The chief physician of the FICD PRF Clinic
15:30-16:00	The relevance of collagen stimulation in aesthetic medicine, a comparative review of collagen-based drugs in injection cosmetology	Dr. Olga Zenkevich (Italy), doctor, doctor of aesthetic medicine, specialist in injection and laser techniques, official Fidia trainer
16:00-16:30	The role of PCL in aesthetic medicine. Various applications, indications, contraindications. Dealing with complications.	<a href="#">speaker to be confirmed</a>
16:30-17:00	Succinic acid: care and treatment of rosacea, acne, post acne, scars. Application Protocols	Dr. Kristīne Kalniņa(Latvia), dermatolog
17:00-17:30	<i>Questions and final remarks</i>	

**Hall 4**

Conference "**How to achieve good results from cosmetic procedures without using botulinum toxin, fillers and laser technologies**".  
[program coming soon](#)

Scientific supervisor : **Dr Ludmila Stavro-Freiberga (Latvia)**,Head of the Clinic for Preventive and Aesthetic Medicine Panacea Premium, developer of skincare brand Response by Dr. Stavro, curator of the University of Educational Medicine in Latvia, member of the Board of the Latvian Anti -Aging and Integrative Medicine Association (LAAIMA)

**Hall B**  
**Brands Workshop**

<b>19/06/23</b>		
<b>10:30-11:30</b>	<b>Endymed</b>	
<b>11:30-12:30</b>	<b>Asclepion.</b> MeDioStar Monolith “Wide range of applications of hybrid technology”.	<b>Dr. Dina Mihailova (Latvia),</b> dermatologist specialist in laser technologies, President of the Latvian Aesthetic Dermatology Association (LEDA), official laser technology trainer of Inomedis Aesthetic Group.
<b>12:30-13:30</b>	<a href="#">speaker and presentation to be confirmed</a>	
<b>13:30-14:30</b>	<b>DERMIA SOLUTION</b>	<a href="#">speaker to be confirmed</a>
<b>14:30-15:30</b>	<b>Fotona.</b> Fotona 4D SP Dynamis Fotona 4D Rejuvenation	<b>Dr. Eugene Skivka</b> Dermatovenereologist, cosmetologist, trainer and expert in laser equipment in cosmetology and dermatology. Founder and director of the training center for laser medicine "L. Energy" in Kyiv. Director of the clinic and doctor at “Clinical Academy of Laser Medicine” 2018-2022 Kiev.
<b>15:30-16:30</b>	<b>BBL</b>	<a href="#">speaker to be confirmed</a>
<b>20/06/23</b>		
<b>10:30-11:30</b>	<b>Jeisys CO2 + Hifu</b> “Combined protocol for the use of HIFU and CO2 technologies in one procedure”	<b>Dr. Denis Karelin (Belarus)</b> Dermatovenereologist. Candidate of Medical Sciences. Certified trainer and international speaker. ULTRAcel Q+ Jeisys Medical.
<b>11:30-12:30</b>	<b>LPG</b>	<a href="#">speaker to be confirmed</a>
<b>12:30-13:30</b>	<b>Sinclair.</b> Primelase Excellence. “The benefits of using an ultra-short pulse for laser hair removal. Safe application of high energies”	<b>Dr. Eugene Skivka</b> Dermatovenereologist, cosmetologist, trainer and expert in laser equipment in cosmetology and dermatology. Founder and director of the training center for laser medicine "L. Energy" in Kyiv. Director of the clinic and doctor at “Clinical Academy of Laser Medicine” 2018-2022 Kiev.
<b>13:30-14:30</b>	<b>Venus Concept.</b> Venus Legacy. “Multipolar RF combined with negative and positive vacuum”	<b>Gabriele Grodyte</b> Cosmetologist. Lecturer of hardware techniques and skin care. Trainer of hardware techniques from icoone® (i-Tech Industries), Venus Legacy®, Venus Bliss® (Venus Concept), Primelase®, Cooltech Define® (Sinclair).
<b>14:30-15:30</b>	<b>Inmode.</b> Morpheus8, Lumecca. “Innovative technologies for rejuvenation. Minimally invasive combination - maximum results.”	<b>Dr. Maria Khomich (Ukraine)</b> Dermatovenereologist, expert in machine technologies. Trainer at InMode.
<b>15:30-16:30</b>	<a href="#">speaker and presentation to be confirmed</a>	

[The program is subject to changes](#)